



The Eighth Conference on Psychology and Health

De Werelt Conference Centre, Lunteren, the Netherlands
May 27 & 28, 2010



We are pleased to announce the Eighth Conference on Psychology and Health, which will take place on May 27 and 28, 2010 (with the possibility to arrive on May 26) in De Werelt Conference Centre in Lunteren, The Netherlands. Beautifully located in the center of The Netherlands nearby National Park 'De Hoge Veluwe', we are confident that De Werelt, or The Worlt in English (the 't' being the result of a misspelling when the owner registered for a license for selling alcoholic beverages some 50 years ago!), will provide the atmosphere that is required for an inspiring conference.

As we did on previous occasions, the conference highlights innovative research on psychological issues relating to health, and aims at facilitating the exchange of today's knowledge and current ideas in this vast and still expanding area of research. It is important to note that the subject of the conference – the psychology of health – goes beyond health psychology and behavioural medicine, and includes perspectives from clinical psychology, biological psychology, developmental psychology, and social psychology as well. The conference will highlight the latest findings in each of these branches of psychology and will address topics that are of interest to psychologists and other disciplines working in the field of psychology and health. It also highlights new developments in terms of theory and methodology. And, most important, the conference aims to address the issues and questions for future research.

The Eighth Conference on Psychology and Health contributes to these topics by offering an exciting program of keynote lectures, symposia, poster sessions, roundtables, and mentor-mentee meetings that allow for a lively discussion, such as state-of-the-art presentations by the Expert Groups that participate in the Research Institute. Core topics to be addressed include well-known areas of research, such as why many individuals engage in health-threatening behaviours and why it is so difficult to initiate and maintain changes in such behaviours; adjustment to chronic conditions; the psychophysiology of psychosomatic complaints such as pain and fatigue;

and issues relating to occupational health. New and challenging topics in the area of psychology and health will be part of the program. What new issues are raised by the rapid developments in medical technology and the expanding knowledge of genetics? Which new problems arise from medical success when, for instance, establishing increased control over previously life-threatening diseases poses new challenges? What can be done for the growing number of overweight people who are struggling with the temptations of food-replete environments? What is the quality of the evidence for interventions we are developing for those who are in need of support and guidance to cope with their health problems? How do people in the workplace manage the high emotional demands they are confronted with in their jobs? And what can psychology tell doctors and patients when it comes to effective communication about health complaints?

Questions such as these are easily raised, but answering them is far more difficult. Yet, this is what scientists are supposed to do. For this endeavour to succeed, we have to explore the state of our fascinating field of research and discuss our research findings. Therefore, we cordially invite researchers to share their insights at the Eighth Conference on Psychology and Health.

We are looking forward to meet you at De Werelt next year!

Denise de Ridder, Ph.D.
Scientific director Research Institute for Psychology & Health

Scientific Committee

Prof. dr. Jozien Bensing, NIVEL
Prof. dr. Lorenz van Doornen, Utrecht University
Prof. dr. Rolf Kleber, Utrecht University
Prof. dr. Olivier Luminet, Catholic University of Louvain-la-Neuve
Dr. Henriët van Middendorp, Utrecht University
Prof. dr. Denise de Ridder, Utrecht University
Dr. Mieke Rijken, NIVEL

Keynote Speakers

Invited Keynote lectures at the Eighth Conference on Psychology and Health will be presented by:

Professor Ap Dijksterhuis

Radboud University Nijmegen
Title: *'The Merits of Unconscious Thought'*

Professor Traci Mann

University of Minnesota
Title: *'Successful Self-Control of Eating among Dieters'*

Professor Michael Sullivan

McGill University, Montreal
Title: *'Catastrophic Thinking and Health Outcomes: Mechanisms of Action and Treatment Implications'*

Professor Vicky Helgeson

Carnegie Mellon University
Title: *'Adjustment to Chronic Illness: Risk and Resilience Factors'*

Contributions

We cordially invite researchers and practitioners to submit proposals for symposia (4 lectures + 1 discussant), paper presentations, posters or round tables to the organizer before February 1, 2010. Proposals can only be submitted by means of an electronic submission form, which will be sent by e-mail upon registration.

We particularly invite roundtables for discussion of new approaches to topics that are important in the psychology of health. The format of a roundtable allows for about 4 to 6 10-minute presentations on a specific topic, followed by a discussion facilitated by a moderator.

Because of the huge success during the previous conference, the Ph.D. Council will organize Mentor-Mentee Meetings, in which Ph.D. students are provided with the opportunity to discuss any issues with experts within the area of psychology and health. More information on these meetings will follow in due course.

The organizer

The Research Institute for Psychology & Health (P&H) is a research and training institute, formally accredited by the Royal Netherlands Academy of Science. P&H includes about 110 senior researchers and 80 Ph.D.-candidates from several Dutch and Belgian universities. The research mission of P&H focuses on the theory-guided study of psychological factors that influence health and illness, and on the psychological consequences of somatic conditions. Psychological theories, methods and empirical findings are used in fundamental and applied research on these issues. Over the past years, the Institute has developed into one of the major European centers in the field of psychology and health research.

In 1995, 1998, 2002, 2004, 2006 and 2008, P&H hosted the First to Seventh (Dutch) Conference on Psychology and Health, the first five being held in the former monastery of Rolduc and the last one in Lunteren, with some 200 participants from countries around the world. Keynote speakers (in alphabetical order) included Lisa Aspinwall, Roy Baumeister, Jozien Bensing, Peter Gollwitzer, Sheldon Cohen, Herta Flor, Susan Folkman, Nico Frijda, Marie Johnston, Robert Karasek, Stanislav Kasl, Jaap Koolhaas, Howard Leventhal, Sonia Lyubomirski, William Lovallo, Susan Michie, Alexander McFarlane, Susan Nolen-Hoeksema, James Pennebaker, Janet Polivy, Norbert Semmer, Johannes Siegrist, Ralf Schwarzer, Sabine Sonnentag, Andrew Steptoe, Eric Stice, Carsten Wrosch and Dieter Zapf. In 2000, the Third Dutch Conference on Psychology and Health was combined with the European Health Psychology Society conference, held at Leiden University, the Netherlands, and co-hosted by P&H.

The conferences hosted by P&H have acquired an international reputation. We therefore again strive to create a scientific program of high standard, with ample opportunity for exchange of ideas outside the formal program in a setting that is known to stimulate scientific debate.



General Information

The conference will be held at:
De Werelt Conference Centre
Westhofflaan 2
6740 AA Lunteren, The Netherlands
phone: (+31)318 484641; fax: (+31)318 482924, www.dewerelt.nl

The conference is held on May 27 and 28 (starting at about 9:30 hours), with the opportunity to arrive on Wednesday May 26.

Registration and Fees

Please register electronically with the Conference Registration Form on our website:
www.psychologyandhealth.eu.

The rates for the conference are:	total fee for payments before February 1, 2010	total fee for payments before April 1, 2010
Registration including dinner and accommodation (1 night)		
Single room; P&H members	€250,--	€350,--
Single room; non P&H members	€350,--	€450,--
Double room; P&H members	€175,--	€275,--
Double room; non P&H members	€275,--	€375,--
Registration including extra dinner and accommodation on May 26 (2 nights)		
Single room; P&H members	€350,--	€450,--
Single room; non P&H members	€450,--	€550,--
Double room; P&H members	€275,--	€375,--
Double room; non P&H members	€375,--	€475,--
Ph.D.-candidates attached to P&H can subtract	€100,--	€100,--

There will be a shuttle bus connection on specific times on Thursday morning from the railway station at Lunteren to the Conference Center and back on Friday, which is included in the conference fee. Accommodation can only be booked in combination with dinner.

Payment

Since the number of participants is restricted, registration will be accepted in order of payment. Please pay the full amount before February 1, 2010 (early subscription) or April 1, 2010 (late subscription). Please make sure that your name and address are made clear in detail on the payment. Payment by bank transfer is preferred.

Payment by bank transfer

Please transfer the full amount to:

* Postbank account number 229.728

or

* ABN/AMRO account number 555.074.447

Faculty of Social Sciences, P&H, Heidelberglaan 1, Utrecht, The Netherlands stating 'Your name / De Werelt'.

Payment by credit card

Payment can also be made by credit card (VISA and Eurocard/Mastercard only). Please provide by letter or fax to the organizer the following details:

credit card company

name of cardholder

number of card

expiry date of card

amount to be charged

in case of Eurocard/Mastercard also: postal code of the cardholder's address and house number.

The amount will be written off your account within 48 hours. We regret that for credit card payments an additional €19,-- has to be charged.

N.B. Letters or faxes without signature will not be accepted.

Cancellation Policy

Please notify the organizer in writing in case you have to cancel your registration. Registration fees will be refunded less 25% for administrative costs if a written cancellation is received before February 1, 2010. We regret that after that date no refunds can be made.

Insurance

Participants are advised to insure against loss, accidents, and damage occurring during the conference. The organizer can in no way be held responsible.

For additional information, please contact the organizer

Research Institute for Psychology & Health; c/o Mrs. Lizet Hoekert, P.O. Box 80.140, 3508 TC Utrecht, The Netherlands

phone: (+31)30-253.9216 (not on Friday); fax: (+31)30-253.7482; e-mail: l.hoekert@uu.nl; internet:

www.psychologyandhealth.eu